

FEBRUARY 2026



CAPE ASSIST
WELLNESS CENTER

LOOKING FOR HELP?

CALL OUR 24/7 HOTLINE TO TALK WITH
A CERTIFIED PEER RECOVERY SPECIALIST
& SEE HOW WE CAN SUPPORT YOUR
RECOVERY JOURNEY!

(609) 522-4375

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>TODAS LAS REUNIONES DE VIERNES ESTÁN DISPONIBLES EN INGLÉS Y ESPAÑOL</p>	2 HOPE ONE SEASHORE CHURCH 10-12	3 MAT SUPPORT GROUP ARS 9:00	4 REACH OUT FOR SUPPORT	5 HOPE ONE WILDWOOD HOUSING AUTHORITY 9:30-11:30	6 SPANISH SUPPORT 11-1 CARPENTER'S SHOP ALL RECOVERY 1:00 CAPE ASSIST, WILDWOOD	7 FAMILY SUPPORT GROUP 3:30 OCEAN CITY LIBRARY
	9 HOPE ONE BRANCHES 9-12	10 MAT SUPPORT GROUP ARS 9:00 HOPE ONE REDEEMER FOOD BANK 9-12	11 Three red hearts	12 Sparkling stars	13 SPANISH SUPPORT 11-1 CARPENTER'S SHOP ALL RECOVERY 1:00 CAPE ASSIST, WILDWOOD	14 FAMILY SUPPORT GROUP 3:30 OCEAN CITY LIBRARY
	<p>HAPPY PRESIDENTS DAY</p>	17 MAT SUPPORT GROUP ARS 9:00 HOPE ONE ARS 9-12	18 Two cartoon figures holding a heart	19 HOPE ONE WOODBINE BOROUGH HALL 10-1	20 SPANISH SUPPORT 11-1 CARPENTER'S SHOP ALL RECOVERY 1:00 CAPE ASSIST, WILDWOOD	21 HOPE ONE COMMUNITY RESOURCE DAY TABERNACLE CHURCH 10-1 FAMILY SUPPORT GROUP 3:30 OCEAN CITY LIBRARY
<p>CAPE ASSIST WELLNESS CENTER COMMUNITY OUTREACH FRIDAYS FROM 2:00-4:00 AT CAPE ASSIST IN WILDWOOD</p>	23 HOPE ONE BRANCHES 9-12	24 MAT SUPPORT GROUP ARS 9:00	25 HOPE ONE LAZARUS HOUSE 10-12	26 Never Lose Hope	27 SPANISH SUPPORT 11-1 CARPENTER'S SHOP ALL RECOVERY 1:00 NA 6:00 CAPE ASSIST, WILDWOOD	28 FAMILY SUPPORT GROUP 3:30 OCEAN CITY LIBRARY